

## Substances Adsorbed by Charcoal

Acetaminophen	Colchicine	Malathion
Acetylcystine	Cyanide	Mefenamic
Aconite	Dephinium	Methyl salicylate
Aconotine	Delphinine	Morphine
Alcool	2,4-Dechlorophenoxy	Mucomyst
Amphetamine	Digitalis	Muscarin
Antimony	Diphenylhydantoin	Narcotics
Antipyrine	Diphenoxylate	Neguvon
Arsenic	Elaterin	Nicotine
Aspirin	Ergotamine	Nortriptyline
Atropine	Ethchlorvynol	Opium
Barbital	Gasoline	Oxylates
Barbiturates	Glutethimide	Parathion
Cantharides	Hemlock	Penicilin
Camphor	Hexachlorophene	Pentobarbital
Carbon Dioxide	Imipramine	Pesticides
Chlordane	Iodine	Phenobarbital
Choroquine	Ipecac	Phenol
Chloropheniramine	Isoniazid	Phenolphthalein
Chlorpromazine	Kerosene	Phenylpropano
Cocaine	Lead acetate (to a	Phosphorus

Potassium cyanide	Quinine	Starmonium
Potassium permanganate	Radioactive substances	Strychnine
Primaquine	Salicylamide	Sulfonamides
Propantheline	Salicylates	Tin
Propoxyphene	Secobarbital	Titanium
Quinacrine	Selenium	Veratrine
Quinidine	Silver & some antimony salts	

In the past, some have wondered about the effect of acids or alkalis in the gastrointestinal tract on charcoal and its adsorbed materials, questioning whether poisons might become dislodged from the charcoal farther down and still wind up absorbed into the blood. It has been found that charcoal forms a stable complex with toxic materials, and washing with blood plasma or gastric juice fails to bring forth the toxic material from the charcoal. It has been bound so firmly that it will not be removed by ordinary means.

### Scorched Food is NOT Charcoal

Charred Food made in the kitchen from such items as burned bread or scorched food is definitely not charcoal. Scorched food has been found to be cancer-producing and is not recommended. Wood charcoal does not retain harmful chemicals sometimes found in burned fats and protein (as these burn off), nor does it have mineral residues found in bone charcoal or scorched food.

*From the Book: CHARCOAL – Starling New Facts About The World's Most Powerful Clinical Absorbent*  
By AGATHA TRASH, M.D. & CALVIN TRASH, M.D.



Printed June 2015

## ANSWERS TO HEALTH AND HAPPINESS

# How to Use Charcoal Powder



## HEALTH FOR ALL

FOR MORE INFORMATION AND ADVICE PLEASE CONTACT US BELOW

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## WARNING:

### Charcoal neutralizes medication

TAKE CHARCOAL ONE HOUR BEFORE OR AFTER  
YOU HAVE TAKEN YOUR MEDICATION

Please read all instruction carefully  
before proceeding.

**HINT:** Always keep an old cloth handy in case of any spillage. **CARE** should be taken when mixing with water as fine dust particles tend to fly everywhere, best to put water first then add charcoal and place the lid on loosely as to keep dust particles in the jar not floating all over the place!! **Remember** charcoal stains every thing it touches so use with care and over a stainless steel sink. A scrub will bring the sink back to it's former glory. Do not put in plastic containers when preparing charcoal, a glass or stainless steel container is best.

ALWAYS KEEP CHARCOAL IN A TIGHTLY  
SEALED CONTAINER.

Do not use **unfiltered** town water. Any \*water used with charcoal **must be clean** rain water, distilled, or filtered through a charcoal filter, to remove all chemicals and organic matter..... If the water is not pure the charcoal will absorb the impurities and then the poultice or drink will be contaminated and will not be healthy to use because the charcoal will not be as powerful..

### HOW TO USE CHARCOAL POWDER

**Warning:** *Do not put dry charcoal in your mouth. This will cause a reaction and may cause you to choke on the fine particles and other unpleasant reactions.*

### How to make a Charcoal Drink ready to use .

Find a small glass jar or drink bottle with a large neck as to fit a teaspoon in and a lid. Fill the jar about half full of cold \*water then gently (OVER THE SINK) spoon in

the charcoal. (I put about 10-15 level teaspoons in a 500 gram jar) place lid on top, DO NOT SCREW the lid on till the charcoal has settled to the bottom. When charcoal has settled mix it well to see if it is a thick consistency or still watery. If its too dry add water a bit at a time. I make it so when it settles there is at least 1/2 charcoal sitting on the bottom of the jar. Screw the lid on tightly and store. You can <sup>1</sup>shake it before use and drink it with the charcoal, or <sup>2</sup>with a straw drink the water only. For adults the best is the first and for children and babies the second is best. The mixture can be added to any time. If kept sealed it can keep for years. Take care on cleaning up any mess that you make, remembering to use old cloths and sponges. And Don't get any on your self!

### How to make Charcoal Paste ready to use.

Place a little \*water in a small sealable jar. Put enough charcoal in the jar and let it sit till charcoal settles. Then STIR IT GENTLY OVER THE SINK adding more charcoal till it becomes a thick paste. I make mine so it sits heaped on the spoon. Seal the jar well and store.

Ready for intake or poultice any time day or night. If using for poultice just place as much as needed on a piece of gauze or a piece of material, fold the material over the charcoal and place on area needed, cover with glad wrap as to not make a mess everywhere and wrap with a bandage... Remember it can get messy and be careful as it can stain skin, clothes, bed linen, etc..so always protect with old towels...)

Always stir well before use and if it gets dry add a little \*water and stir. If you accidentally add too much \*water, gently add more charcoal, and stir keep adjusting till a thick consistency. If you run out of the drink just take a heaped tablespoon and mix with more \*water and drink.. Great for emergencies or are in a hurry!!

I keep a little jar in the car for anything from a bite to a tummy upset, bad breath, tooth paste, nausea, tummy wind..... If you don't feel good just have charcoal.....

**If kept sealed it will keep for years.**



## CHARCOAL POULTICES

THESE CAN BE PURCHASED FROM OUR WEBSITE

The Dry Charcoal Poultices are made from 100% *Food Grade* activated charcoal *granules* that have been washed in distilled water and packed in 2 layers of 100% natural fibre bags.

Activated charcoal will detox and kill infections in your body to a depth of 10 cm. It works wonders in easing all sorts of pain like back pain, neck pain, headaches, elbow pain, tummy pains or toothaches. This Charcoal Poultice does not stain as the normal wet charcoal poultices does. You can go to bed, sit on the lounge, drive or walk with it. There aren't any limits to where and what you can use it for.

It can even be used solely to warm your body just as you would use a hot water bottle. While warming your body the Dry Activated Charcoal Poultice is also neutralizing toxins and making heavy metals inactive in the area that you are using this poultice. It's similar to the wheat bags but with charcoal the benefits are much higher; it warms and brings fresh blood to the area and because it has properties to destroy toxins, the blood in the area gets cleaned. Remember that Activated charcoal works to detox and kill infections in your body to a depth of 10 cm.

PURCHASE ONE NOW FROM OUR WEBSITE

[www.health4all.com.au](http://www.health4all.com.au)

AND ALSO PLEASE FEEL FREE TO CONTACT US FOR MORE  
INFORMATION AND ADVICE;

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